







Hearing and its relation to Cognitive Measures in Young Adults with Down Syndrome

Ruth Litovsky, Ph.D.

Professor & Chair, Communication Sciences & Disorders & Surgery-Otolaryngology
University of Wisconsin-Madison
litovsky@waisman.wisc.edu
http://www.waisman.wisc.edu/bhl

Waisman Center
Day with Experts – Down Syndrome
March 13, 2021



FUNDING

NIH-NIDCD

R01-DC003083

R01-DC008365

R01-DC010494

NIH-NICHD

P01 HD076892

U54 HD090256

Bilateral hearing provide benefits relative to unilateral hearing

Sound Localization



Separating Speech from Noise; "Cocktail Party" effect



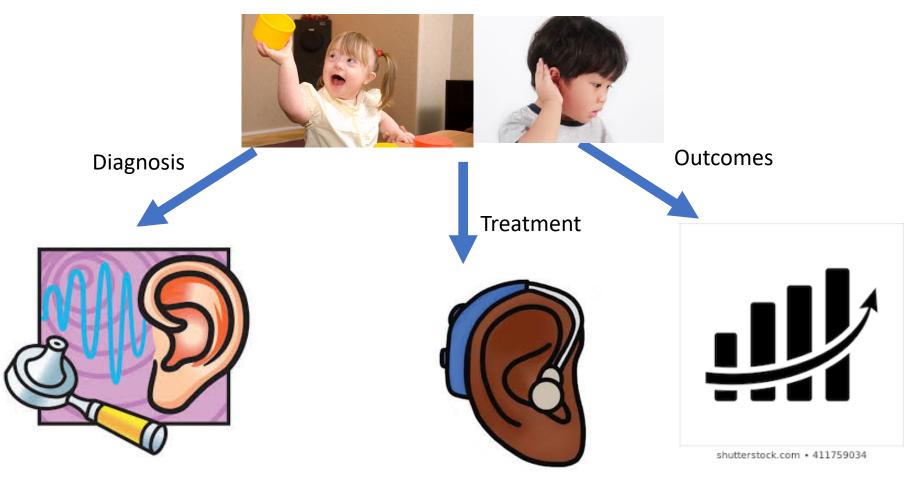


Reduced Cognitive Load (engagement, fatigue)



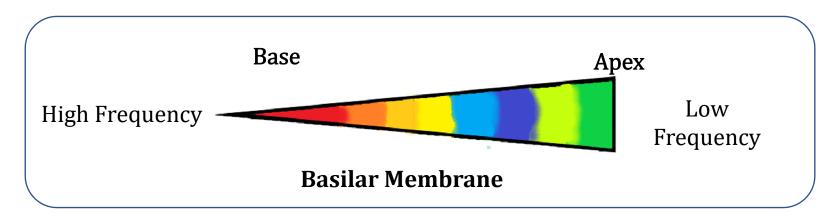


Down Syndrome: High proportion of hearing loss



Tremendous progress in treating medical conditions. Hearing status not well understood

How does hearing work?





Normal acoustic system has tens of thousands of frequency channels

Plasticity of the auditory system and the brain

"use it or lose it"

If we don't treat hearing loss early in life, the brain is not able to develop the pathways and connections needed for good hearing.



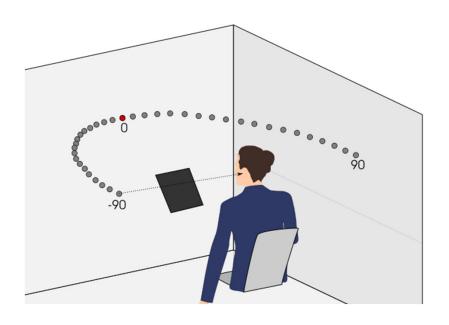


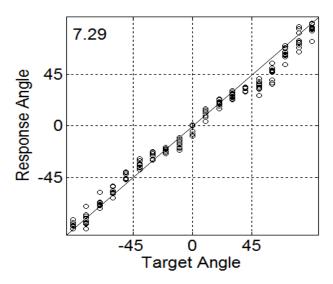
Need to assess hearing early

Need to treat hearing and stay on top of changes

throughout lifetime

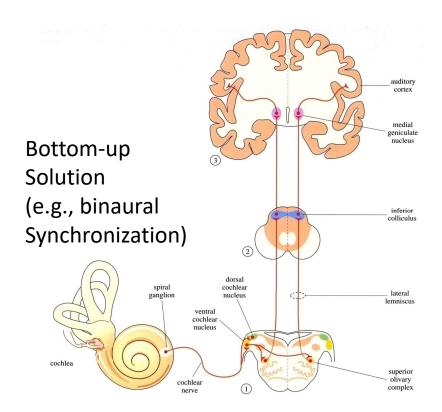
Sound Localization in control adults



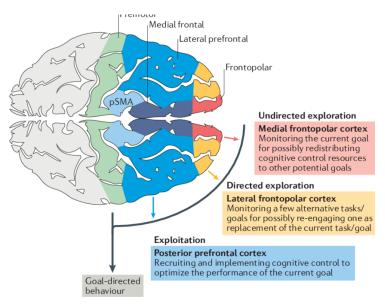


- 1. Young adults with DS, ages 18-24
- 2. Localization within 10-15 degrees
- 3. Excellent ability to tell if sounds on right vs. left
- 4. Unless there is diagnosis of hearing loss in either ear
 - → Need good hearing in both ears to be able to localize sound
 - → Need good hearing in both ears to separate speech from noise



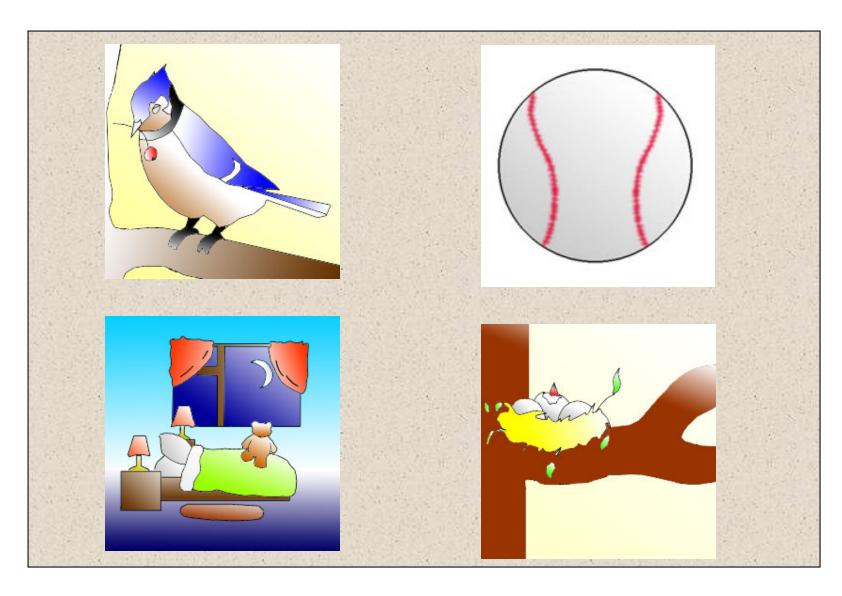


Top-down influences

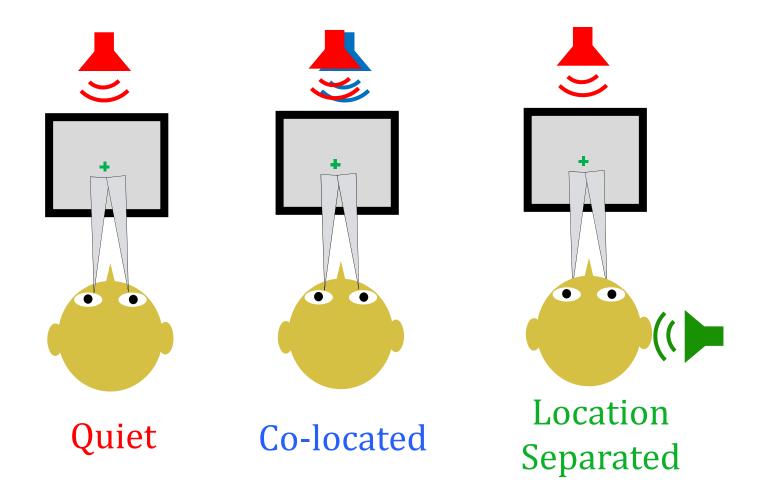


Top-down influences: Cognition, attention, EF, Memory, Effort

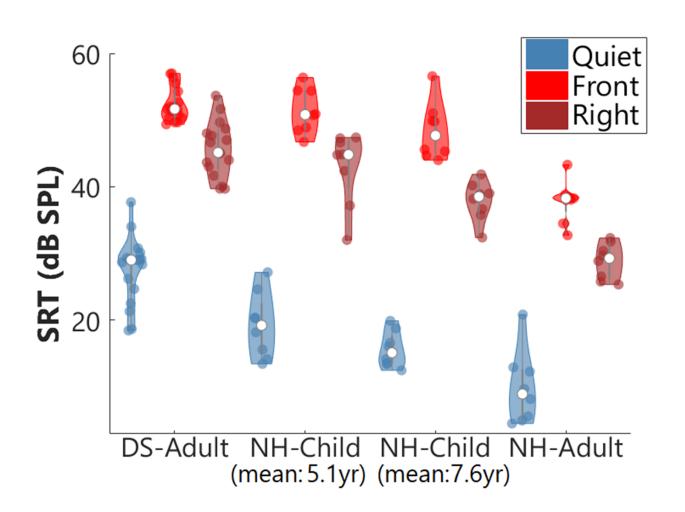
"Listening game" with spondees (within the vocabulary)

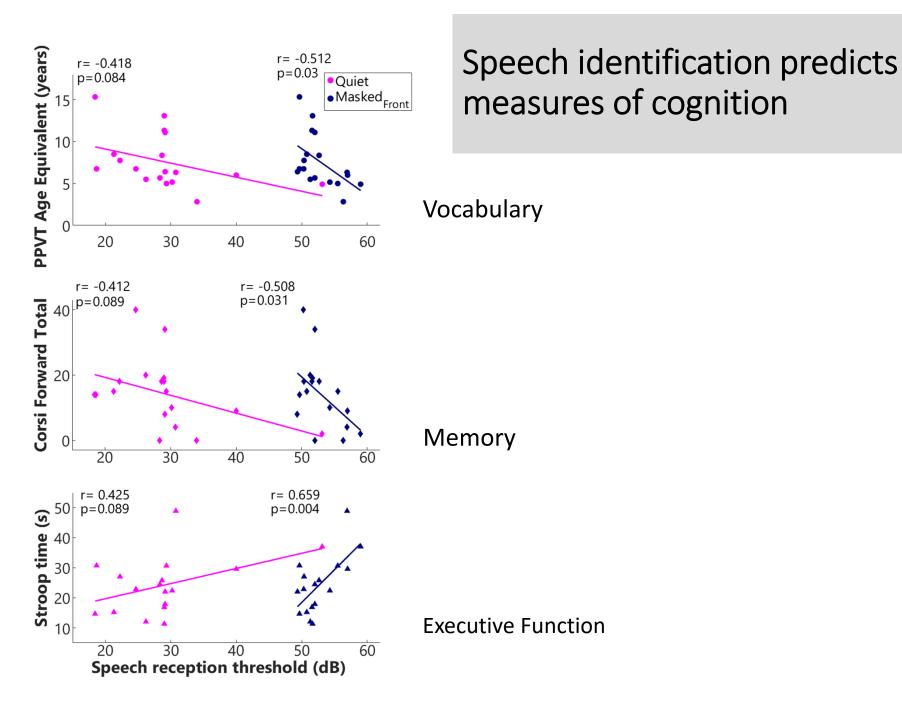


Speech Identification



Speech identification Results





Need to understand hearing loss!

- **Consequences for everyday functioning**
- Impact on cognition and language
- **Brain maturation?**
- Long-term relationships to other conditions such as dementia?











shutterstock.com • 411759034

Binaural Hearing and Speech Lab

'WHAT' AND 'WHERE'



