



WAISMAN CENTER
UNIVERSITY OF WISCONSIN-MADISON

16th Annual

Waisman Center Day with the Experts: Autism

Learn about the latest advances in autism research and services and hear from a panel of experts—individuals with autism and family members.

Saturday, January 25, 2020 | 9:00 a.m. - 12:15 p.m.

(Complimentary coffee & bagels at 8:30 a.m.)

9:00-9:15 a.m.

Welcome and Introduction to the Waisman Center

Qiang Chang, PhD, Director, Waisman Center

9:15-9:45 a.m.

Anxiety on the Spectrum

Danielle Scholze, MD, Developmental Behavioral Pediatrician, Waisman Center Clinics

Martha Walter, PhD, Psychologist, Waisman Center Clinics and Waisman Autism Treatment Programs

Research has shown that anxiety is more common in individuals on the autism spectrum. This presentation will include an introduction to anxiety, how anxiety disorders are diagnosed, a discussion regarding the overlap of anxiety and autism, and an overview of treatment options including behavioral and medical approaches.

9:45-10:15 a.m.

ADHD and Autism Spectrum Disorder

James Li, PhD, Assistant Professor, Psychology and Waisman Center Investigator

Individuals with autism spectrum disorder (ASD) are at a higher risk of also having attention-deficit/hyperactivity disorder (ADHD) compared to those without ASD. Individuals presenting with both disorders tend to have more severe social impairments, greater delays in adaptive functioning, and are more likely to be prescribed psychotropic medications than individuals presenting with only ASD. This talk will discuss my lab's efforts to better understand why ASD and ADHD co-occur so frequently. I will also highlight our recent studies that show how genetic information may help us distinguish between and diagnose the two disorders more precisely.

..... **BREAK**

10:30-11:00 a.m.

Working Together: Education and Support for Young Adults with ASD and their Families

Leann DaWalt, PhD, Director, University Center for Excellence in Developmental Disabilities and Waisman Center Investigator

Early adulthood is often a time of change and stress for individuals on the autism spectrum. This presentation will focus on outcomes of an education and support program designed specifically for young adults with ASD. Qualitative and quantitative data will be reported related to satisfaction with the program as well as increases in independence and personal goals achieved.

11:00-11:30 a.m.

Question and answer session with a panel of clinicians

11:30 a.m.-12:15 p.m.

PANEL DISCUSSION — A panel of experts that includes individuals with ASD and family members.

Please register at waisman.wisc.edu/event/experts-autism-2020/

Hosted by the Autism Society of South Central Wisconsin and the Waisman Center, University of Wisconsin-Madison

Sponsored by the Friends of the Waisman Center



Friends of the Waisman Center Auditorium | 1500 Highland Avenue | Madison, WI | Free admission and parking
EVERYONE WELCOME

For additional details, call 608.263.5837 or email palumbo@waisman.wisc.edu