



14<sup>th</sup> Annual

## Waisman Center Day with the Experts: Autism

Learn about the latest advances in autism research and services and hear from a panel of experts—individuals with autism and family members.

## Saturday, January 20, 2018 | 9:00 a.m. - 12:15 p.m.

(Complimentary coffee & bagels at 8:30 a.m.)

9:00-9:15 a.m. Welcome and Introduction to the Waisman Center

- 9:15-9:45 a.m. Where is My Child? Safety at Home and When Traveling *Amy Lyle, MSSW, Social Worker, Waisman Center Clinics and Waisman Resource Center* This talk will discuss practical tips and tools for addressing safety concerns and elopement risk for children, youth, and young adults. We will highlight behavioral strategies, wearable devices, the development of safety plans and modifications for home and travel.
- 9:45-10:15 a.m. Eating and Mealtime Challenges in Children with Autism Spectrum Disorder Karla Ausderau, PhD, OTR/L, Assistant Professor, Kinesiology and Waisman Center Investigator Children with autism spectrum disorder (ASD) have high prevalences of eating challenges that often disrupt their ability to consume a health-promoting diet and participate in social mealtime experiences. This talk will discuss the different types of eating challenges that commonly occur in ASD and present preliminary findings from a pilot intervention study using a parent-mediated approach to address eating and mealtime challenges in the home environment.

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10:30-11:00 a.m. Biofeedback-Based, Videogame Balance Training in Autism Brittany Travers, PhD, Assistant Professor, Kinesiology and Waisman Center Investigator Good postural stability and balance allow us to stand, walk, play, and interact with the world around us. However, a number of individuals on the autism spectrum may struggle with postural stability. This presentation will discuss our research lab's recent test of a biofeedback-based videogame to alleviate balance challenges in youth on the autism spectrum.

11:00-11:30 a.m. Question and answer session with a panel of clinicians

**11:30 a.m.-12:15 p.m. PANEL DISCUSSION**—A panel of experts that includes individuals with ASD and family members. Panel moderated by Lindsay McCary, PhD, Clinic Director, Autism and Developmental Disabilities Clinic

## Please register at waisman.wisc.edu/events-experts-autism-2018.htm

Hosted by the **Autism Society of South Central Wisconsin** and the **Waisman Center, University of Wisconsin-Madison** Sponsored by the **Friends of the Waisman Center** 



For additional details, call 608.263.5837 or email palumbo@waisman.wisc.edu