WAISMAN CENTER
UNIVERSITY OF WISCONSIN-MADISON

13th Annual

Waisman Center Day with the Experts: Autism

Learn about the latest advances in autism research and services and hear from a panel of experts—individuals with autism and family members.

Saturday, January 21, 2017 | 9:00 a.m. - 12:15 p.m.

(Complimentary coffee & bagels at 8:30 a.m.)

9:00-9:15 a.m. **Welcome and Introduction to the Waisman Center**
Albee Messing, VMD, PhD, Professor of Neuropathology and Waisman Center Director

9:15-9:45 a.m. **ASD Unplugged: Managing Internet Use with Safety and Understanding Across the Lifespan**
Madeline Barger, MS, LMFT, Program Coordinator, Waisman Center Autism Treatment Programs
Do you ever feel like your child or young adult with autism spectrum disorder (ASD) is permanently plugged into "the grid"? Having ASD is challenging on its own, but having ASD in an age where electronics, social networking, gaming, and internet use are prevalent and pervasive comes with added concerns for safety, and physical and psychological health. This presentation will explore the implications and interventions associated with proactive safety surrounding internet use, including unique online safety concerns for individuals with ASD, and strategies for managing internet use and limiting negative impact.

9:45-10:15 a.m. **Insights from Families of Children with Autism**
Sigan Hartley, PhD, Associate Professor of Human Development and Family Studies
We will discuss lessons learned from the past three years of our ongoing research study that involves 175 families with a child with ASD (aged 5-12 years old) in Wisconsin. The overall goal of the study is to understand the resources and processes that foster positive development and family dynamics. We will share what we have learned from the families related to their parenting experiences, couple relationships, and mechanisms linked to variability across families and from one day to the next.

BREAK

10:30-11:00 a.m. **Change, Choice, and Opportunity: Guiding Transitions for Children, Teens, and Young Adults with Autism and Their Families**
Molly Murphy, PhD, BCBA-D, Director, Waisman Center Autism Treatment Programs
All parents navigate through natural transitions as their children grow, including establishing daily routines, transitioning to and between schools, and launching into adulthood. Families with children with ASD often encounter more frequent and potentially challenging transitions as they manage their child's need for predictability and their relationships with service providers and the service system. This presentation will offer parents strategies to bring balance to everyday and lifelong transitions, with consideration of the needs of their child with ASD, and family priorities and well-being.

11:00-11:30 a.m. **Question and answer session with a panel of clinicians**

11:30 a.m.-12:15 p.m. **PANEL DISCUSSION**—A panel of experts that includes individuals with ASD and family members.

Please register at waisman.wisc.edu/events-experts-autism17.htm

*Hosted by the **Autism Society of South Central Wisconsin** and the **Waisman Center, University of Wisconsin-Madison***
*Sponsored by the **Friends of the Waisman Center***

AUTISM SOCIETY
Improving the Lives of All Affected by Autism
South Central Wisconsin
www.autismmadison.org

Friends of the Waisman Center Auditorium | 1500 Highland Avenue | Madison, WI | Free admission and parking
EVERYONE WELCOME

For additional details, call 608.263.5837 or email palumbo@waisman.wisc.edu